

# POLKA DOT PLANT CARE GUIDE

The Polka Dot Plant (*Hypoestes phyllostachya*) is a vibrant, compact houseplant known for its speckled foliage in shades of pink, red, and white. It's easy to grow indoors or outdoors in warm climates, making it a great choice for plant lovers looking to add a splash of color to their space.

## LIGHT REQUIREMENTS



- ✓ Best: Bright, indirect light for bold, vibrant colors.
- ✓ Tolerates: Low light, but colors may fade, and growth can become leggy.
- ✓ Avoid: Direct sunlight—it can scorch delicate leaves.

**Pro Tip:** If your Polka Dot Plant looks stretched out or dull, move it to a brighter spot for more compact and colorful growth!

## SOIL & POTTING NEEDS

- ✓ Use a well-draining, rich potting mix (peat-based with added perlite works well).
- ✓ A standard houseplant mix is fine, as long as it drains well.
- ✓ Ensure the pot has drainage holes to prevent root rot.
- ✓ Repot every 1-2 years or when the plant outgrows its container.

**Bonus Tip:** If your Polka Dot Plant looks leggy, trim it back and replant the cuttings for a fuller look!

## GROWTH & SIZE

- ✓ Growth Rate: Moderate—grows quickly with proper care.
- ✓ Size: Stays compact, reaching 12-18 inches tall indoors.
- ✓ Regular pinching and pruning help keep it bushy and full.

Want a fuller plant? Trim leggy stems and propagate the cuttings back into the pot!

## HUMIDITY & TEMPERATURE

- ✓ Humidity: Prefers 50%+ humidity—use a pebble tray, mist the leaves, or place near a humidifier.
- ✓ Temperature: Thrives in 65-75°F (18-24°C).
- ✓ Avoid cold drafts, AC vents, and sudden temperature changes.

Want a healthier plant? Keep it in a warm, humid environment for the best growth!



## WATERING SCHEDULE



- ✓ Keep soil consistently moist but not soggy.
- ✓ Water when the top ½ inch of soil feels dry.
- ✓ Avoid letting it dry out completely—leaves will wilt and drop.
- ✓ Use filtered or distilled water if your tap water has high mineral content.

**Common Mistake:** Letting the soil stay too dry or too wet can cause leaf drop. Maintain even moisture for best results!

## COMMON ISSUES & TROUBLESHOOTING

- ▶ Fading Colors?
  - ✓ Needs more light—move to a brighter spot.
- ▶ Wilting Leaves?
  - ✓ Likely too dry—water thoroughly, and it should perk up.
- ▶ Leggy Growth?
  - ✓ Needs pruning—pinch off the tips to encourage bushy growth.
- ▶ Yellowing Leaves?
  - ✓ Could be overwatering—let soil dry slightly before watering again.

**Bonus Tip:** Polka Dot Plants thrive with regular pruning—pinch them back often to maintain a bushy, vibrant shape!



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## LUXURY PLANT DESIGN & CARE

At Verdure Studio, we create custom indoor plant designs that enhance your home or office with luxurious, sustainable greenery. From statement plants to subtle accents, our designs bring beauty and tranquility to your space. We also offer personalized plant care services, including regular maintenance and seasonal rotations, ensuring your plants thrive year-round.



## SUCCULENT WORKSHOPS

Join our small group succulent workshops and experience the art of plant care and design firsthand. Our hands-on classes provide valuable insights into creating stunning plant arrangements with easy-to-maintain succulents. Perfect for plant enthusiasts or anyone looking to add personal, lush touches to their space.



## EVENT & STAGING PLANT DESIGN

Enhance your event or space with custom plant arrangements. From weddings, to staging, to pop-up displays, we create tailored designs that bring nature and elegance to any occasion, ensuring a lasting impression. Our team handles everything from design to installation, making the process seamless and stress-free for you.



## FARMERS MARKETS & FAIRS

Verdure Studio attends farmers markets and local events throughout the Boston area, offering a curated selection of beautiful plants, stylish pots, and expert plant care advice. Visit us to find the perfect addition to your home or office, and get personalized tips from our founder, Drew Angers. Check our website for upcoming dates.

# MEET OUR FOUNDER, DREW ANGERS



Plants have always been a part of my life. From a young age, I was fascinated by the magic of watching a plant grow from a tiny seed to a beautiful work of art. What began as a hobby—experimenting with different plants, learning about their care, and creating unique arrangements—quickly grew into a passion. After years in the corporate world, I made the decision to follow that passion and create Verdure Studio, blending my love for design and plants to transform spaces and bring a sense of joy and connection to my clients.